



CERTIFICATE OF PARTICIPATION

This is to certify that

Mark Alderman

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:39:20

PACE 05:12/km
OVERALL 36 of 834

GENDER 31 of 563
50+ 3 of 75

08 July 2023, Sat

Date



BoutTime

Signature

